

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Results

40m · Boys · U8 · Final

40m · Boys · U10 · Final

40m · Girls · U8 · Final

40m · Girls · U10 · Finals · Summary

40m · Girls · U10 · Final · Group A (of 2)

40m · Girls · U10 · Final · Group B (of 2)

200m · Boys · U12 · Finals · Summary

200m · Boys · U12 · Final · Group A (of 2)

200m · Boys · U12 · Final · Group B (of 2)

200m 12-15 **200m** · Men & Boys · Multiple · Final

200m 12-15 **200m** · Boys · Multiple, U14 · Final

200m 12-15 **200m** · Boys · Multiple, U16 · Final

200m 16-19 + menn **200m** · Men & Boys · Multiple · Final

200m 16-19 + menn **200m** · Boys · Multiple, U18 · Final

200m 16-19 + menn **200m** · Men · Multiple, U20 · Final

200m 16-19 + menn **200m** · Men · Multiple, Senior · Final

200m · Girls · U12 · Finals · Summary

200m · Girls · U12 · Final · Group A (of 2)

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Results

200m · Girls · U12 · Final · Group B (of 2)

200m · Girls · U14 · Finals · Summary

200m · Girls · U14 · Final · Group A (of 2)

200m · Girls · U14 · Final · Group B (of 2)

200m · Girls · U16 · Final

200m **200m** · Women & Girls · Multiple · Final

200m **200m** · Girls · Multiple, U18 · Final

200m **200m** · Women · Multiple, U20 · Final

200m **200m** · Women · Multiple, Senior · Final

400m · Boys · U10 · Final

400m · Boys · U12 · Final

400m · Girls · U10 · Final

400m · Girls · U12 · Final

800m **800m** · Men & Boys · Multiple · Final

800m **800m** · Boys · Multiple, U14 · Final

800m **800m** · Boys · Multiple, U16 · Final

800m · Girls · U14 · Final

800m **800m** · Women · Senior · Final

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Results

5000m (Mixed Adults & Youth) · Men & Boys · Multiple · Final

5000m (Mixed) · Men · Multiple, Senior · Final

5000m (Mixed Adults & Youth) · Women & Girls · Multiple · Final

5000m (Mixed) · Women · Multiple, Senior · Final

5000m · Mixed Adults & Youth · Multiple · Final

High Jump · Boys · U14 · Final

High Jump · Girls · U14 · Final

Long Jump · Men & Boys · Multiple · Final

Long Jump · Boys · Multiple, U18 · Final

Long Jump · Men · Multiple, U20 · Final

Long Jump · Men · Multiple, Senior · Final

Længdespring **Long Jump** · Women & Girls · Multiple · Final

Længdespring **Long Jump** · Girls · Multiple, U16 · Final

Længdespring **Long Jump** · Girls · Multiple, U18 · Final

Længdespring **Long Jump** · Women · Multiple, U20 · Final

Længdespring **Long Jump** · Women · Multiple, Senior · Final

Long Jump (Zone) · Boys · U10 · Final

Long Jump (Zone) · Boys · U12 · Final

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Results

Long Jump (Zone) · Girls · U10 · Final

Long Jump (Zone) · Girls · U12 · Final

Shot Put (2kg) · Boys · U12 · Final

Shot Put (3kg) · Boys · U14 · Final

Shot Put (2kg) · Girls · U12 · Final

Shot Put (2kg) · Girls · U14 · Final

Javelin Throw · Men & Boys · Multiple · Final

Javelin Throw (600g) · Boys · Multiple, U16 · Final

Javelin Throw (800g) · Men · Multiple, U20 · Final

Javelin Throw (800g) · Men · Multiple, Senior · Final

Javelin Throw · Women & Girls · Multiple · Final

Javelin Throw (500g) · Girls · Multiple, U16 · Final

Javelin Throw (500g) · Girls · Multiple, U18 · Final

Javelin Throw (600g) · Women · Multiple, U20 · Final

Javelin Throw (600g) · Women · Multiple, Senior · Final

Ball Throw (145g) · Boys · U10 · Final

Ball Throw (145g) · Girls · U10 · Final

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Boys · U8 · Final

29 May, 2021, 12:05 · Wind: -1.7

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Jósef Vinter Tummasarson 2015 · FAR	Onki felag		4		9.63
2	Harry Fríði Hansson 2015 · FAR	Bragdið		3		9.88
3	Derek Rasmussen 2015 · FAR	Hvirlan		5		9.95

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Boys · U10 · Final

29 May, 2021, 12:25 · Wind: -1.3

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Bjarni Bogason Enni 2012 · FAR	Bragdið		5		7.25
2	Jákup Thomsen 2012 · FAR	Treysti		3		7.68
3	Jóanis Heinason 2013 · FAR	Frælsi		4		8.44
	Magnus Akselsson Apol 2013 · FAR	Hvirlan		2		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U8 · Final

29 May, 2021, 12:00 · Wind: -1.4

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Jemima Hvannastein 2015 · FAR	Treysti		2		9.54
2	Brynhild Heinadóttir 2015 · FAR	Frælsi		4		9.77
3	Saloma Hvannastein 2016 · FAR	Treysti		6		10.17
4	Bjarta Thomsen 2016 · FAR	Treysti		5		11.13
5	Fía Heinadóttir 2016 · FAR	Frælsi		3		12.10
	Luna Maria Apol Berg 2016 · FAR	Hvirlan		1		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Finals · Summary

29 May, 2021, 12:15

Rank	Athlete	Club/School	Bib	Place	Group	Lane	React.	Result	Wind
1	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi		1	A	1		7.53	-0.9
2	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið		2	A	2		7.57	-0.9
3	Amalia Høgnadóttir 2012 · FAR	Frælsi		3	A	5		7.94	-0.9
4	Heiðrun Leo Vang 2013 · FAR	Bragdið		4	A	4		7.98	-0.9
5	Brynja Lutzen 2012 · FAR	Hvirlan		1	B	3		8.07	-1.2
6	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi		2	B	2		8.19	-1.2
6	Emily Thomsen 2013 · FAR	Treysti		5	A	3		8.19	-0.9
8	Jóna Björg Apol Berg 2013 · FAR	Hvirlan		3	B	4		8.61	-1.2
	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið			B	5		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Final · Group A (of 2)

29 May, 2021, 12:15 · Wind: -0.9

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi		1		7.53
2	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið		2		7.57
3	Amalia Høgnadóttir 2012 · FAR	Frælsi		5		7.94
4	Heiðrun Leo Vang 2013 · FAR	Bragdið		4		7.98
5	Emily Thomsen 2013 · FAR	Treysti		3		8.19

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

40m · Girls · U10 · Final · Group B (of 2)

29 May, 2021, 12:20 · Wind: -1.2

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Brynja Lutzen 2012 · FAR	Hvirlan		3		8.07
2	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi		2		8.19
3	Jóna Björg Apol Berg 2013 · FAR	Hvirlan		4		8.61
	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið		5		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Finals · Summary

29 May, 2021, 13:30

Rank	Athlete	Club/School	Bib	Place	Group	Lane	React.	Result	Wind
1	Óli Mortansson Vang 2010 · FAR	Bragdið		1	A	4		34.07	-0.9
2	Bogi Samson Vang 2010 · FAR	Bragdið		1	B	2		34.84 PB	-0.6
3	Pætur Krosstein 2010 · FAR	Hvirlan		2	A	6		35.05	-0.9
4	Kristjan Róksón 2011 · FAR	Bragdið		2	B	3		35.53	-0.6
5	Jóhan Waagstein 2010 · FAR	Hvirlan		3	A	5		36.34	-0.9
6	Rói Thomassen 2010 · FAR	Hvirlan		3	B	5		38.01	-0.6
7	Christian Dal Christiansen 2010 · FAR	Hvirlan		4	A	1		39.71	-0.9
8	Markus Eliassen 2011 · FAR	Bragdið		5	A	2		40.48	-0.9
9	Álvur F. Mortensen 2011 · FAR	Bragdið		4	B	4		44.62	-0.6
	Robert Róason Vilhelmsen 2011 · FAR	Bragdið			B	1		DNS	
	Domenik Rasmussen 2011 · FAR	Hvirlan			A	3		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Final · Group A (of 2)

29 May, 2021, 13:30 · Wind: -0.9

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Óli Mortansson Vang 2010 · FAR	Bragdið		4		34.07
2	Pætur Krosstein 2010 · FAR	Hvirlan		6		35.05
3	Jóhan Waagstein 2010 · FAR	Hvirlan		5		36.34
4	Christian Dal Christiansen 2010 · FAR	Hvirlan		1		39.71
5	Markus Eliassen 2011 · FAR	Bragdið		2		40.48
	Domenik Rasmussen 2011 · FAR	Hvirlan		3		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Boys · U12 · Final · Group B (of 2)

29 May, 2021, 13:35 · Wind: -0.6

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Bogi Samson Vang 2010 · FAR	Bragdið		2		34.84 PB
2	Kristjan Róksón 2011 · FAR	Bragdið		3		35.53
3	Rói Thomassen 2010 · FAR	Hvirlan		5		38.01
4	Álvur F. Mortensen 2011 · FAR	Bragdið		4		44.62
	Robert Róason Vilhelmsen 2011 · FAR	Bragdið		1		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 12-15 200m · Men & Boys · Multiple · Final

29 May, 2021, 13:20 · Wind: +0.9

Place	Athlete	Age group	Club/School	Bib	Lane	React.	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	U14	Bragdið		3		27.66 PB
2	Christian Sunnvardsson Andreassen 2007 · FAR	U16	Treysti		4		28.89
3	Kelvin Saruni 2008 · FAR	U14	Bragdið		2		33.44
4	Baldur Bárúson Persson 2009 · FAR	U14	Hvirlan		1		51.67

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 12-15 200m · Boys · Multiple, U14 · Final

29 May, 2021, 13:20 · Wind: +0.9

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið		3		27.66 PB
2	Kelvin Saruni 2008 · FAR	Bragdið		2		33.44
3	Baldur Báruson Persson 2009 · FAR	Hvirlan		1		51.67

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 12-15 200m · Boys · Multiple, U16 · Final

29 May, 2021, 13:20 · Wind: +0.9

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Christian Sunnvardsson Andreassen 2007 · FAR	Treysti		4		28.89

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men & Boys · Multiple · Final

29 May, 2021, 13:10 · Wind: -2.1

Place	Athlete	Age group	Club/School	Bib	Lane	React.	Result
1	Andreas Bjarnastein Antoft 2002 · FAR	U20	Hvidovre AM		5		23.42 PB
2	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	Bragdið		3		23.74
3	Tummas Sjóvará 2002 · FAR	U20	Bragdið		4		23.77 SB
4	Sveinur Silvurstein 2002 · FAR	U20	Bragdið		6		24.42
5	Leon Johannesen 2002 · FAR	U20	Bragdið		2		24.85 PB
6	Júst í Túni 1986 · FAR	Senior	Treysti		1		34.42

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Boys · Multiple, U18 · Final

29 May, 2021, 13:10 · Wind: -2.1

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Jónas Gunnleivsson Isaksen 2005 · FAR	Bragdið		3		23.74

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men · Multiple, U20 · Final

29 May, 2021, 13:10 · Wind: -2.1

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Andreas Bjarnastein Antoft 2002 · FAR	Hvidovre AM		5		23.42 PB
2	Tummas Sjóvará 2002 · FAR	Bragdið		4		23.77 SB
3	Sveinur Silvrstein 2002 · FAR	Bragdið		6		24.42
4	Leon Johannesen 2002 · FAR	Bragdið		2		24.85 PB

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 16-19 + menn 200m · Men · Multiple, Senior · Final

29 May, 2021, 13:10 · Wind: -2.1

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Júst í Túni 1986 · FAR	Treysti		1		34.42

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Finals · Summary

29 May, 2021, 12:35

Rank	Athlete	Club/School	Bib	Place	Group	Lane	React.	Result	Wind
1	Sigríð Hansdóttir 2010 · FAR	Bragdið		1	A	3		31.10	-2.1
2	Heiðrún Bogadóttir Enni 2010 · FAR	Bragdið		1	B	4		33.60	-1.1
3	Sigga Smæra Næs 2010 · FAR	Bragdið		2	B	2		34.31	-1.1
4	Debra Hvannastein 2011 · FAR	Treysti		2	A	5		35.28	-2.1
5	Andrea Heinadóttir 2011 · FAR	Frælsi		3	A	4		35.37	-2.1
6	Guðrið Høgenni 2010 · FAR	Bragdið		4	A	1		35.44	-2.1
7	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið		5	A	2		38.24	-2.1
8	Guðrið Høgnadóttir 2010 · FAR	Frælsi		6	A	6		40.58	-2.1
9	Vera Alstrup Vang 2011 · FAR	Bragdið		3	B	3		40.69	-1.1
10	Sunneva Ravnsfjall 2010 · FAR	Frælsi		4	B	5		41.20	-1.1
	Annika Ravnsfjall 2010 · FAR	Frælsi			B	1		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Final · Group A (of 2)

29 May, 2021, 12:35 · Wind: -2.1

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Sigríð Hansdóttir 2010 · FAR	Bragdið		3		31.10
2	Debora Hvannastein 2011 · FAR	Treysti		5		35.28
3	Andrea Heinadóttir 2011 · FAR	Frælsi		4		35.37
4	Guðrið Høgenni 2010 · FAR	Bragdið		1		35.44
5	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið		2		38.24
6	Guðrið Høgnadóttir 2010 · FAR	Frælsi		6		40.58

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U12 · Final · Group B (of 2)

29 May, 2021, 12:40 · Wind: -1.1

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Heiðrún Bogadóttir Enni 2010 · FAR	Bragdið		4		33.60
2	Sigga Smæra Næs 2010 · FAR	Bragdið		2		34.31
3	Vera Alstrup Vang 2011 · FAR	Bragdið		3		40.69
4	Sunneva Ravnsfjall 2010 · FAR	Frælsi		5		41.20
	Annika Ravnsfjall 2010 · FAR	Frælsi		1		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U14 · Finals · Summary

29 May, 2021, 12:50

Rank	Athlete	Club/School	Bib	Place	Group	Lane	React.	Result	Wind
1	Natalia Lydersen 2008 · FAR	Treysti		1	B	5		30.32	+0.0
2	Sofía Højgaard 2008 · FAR	Bragdið		2	B	4		32.16	+0.0
3	Katrin Streymoy Sahin-Skjalm 2008 · FAR	Bragdið		1	A	2		32.22	-0.2
4	Elena E. Olsen 2008 · FAR	Hvirlan		2	A	5		32.74	-0.2
5	Tabita Hvannastein 2008 · FAR	Treysti		3	A	4		33.92	-0.2
6	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan		3	B	3		36.02	+0.0
7	Sólja Rye 2009 · FAR	Hvirlan		4	A	3		43.39	-0.2

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U14 · Final · Group A (of 2)

29 May, 2021, 12:50 · Wind: -0.2

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Katrin Streymoy Sahin-Skjalm 2008 · FAR	Bragdið		2		32.22
2	Elena E. Olsen 2008 · FAR	Hvirlan		5		32.74
3	Tabita Hvannastein 2008 · FAR	Treysti		4		33.92
4	Sólja Rye 2009 · FAR	Hvirlan		3		43.39

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U14 · Final · Group B (of 2)

29 May, 2021, 12:52 · Wind: +0.0

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Natalia Lydersen 2008 · FAR	Treysti		5		30.32
2	Sofía Højgaard 2008 · FAR	Bragdið		4		32.16
3	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan		3		36.02

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m · Girls · U16 · Final

29 May, 2021, 12:55 · Wind: +0.0

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Jóhanna Pedersen 2006 · FAR	Hvirlan		4		28.63
2	Lý Petersen 2007 · FAR	Treysti		3		32.06

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women & Girls · Multiple · Final

29 May, 2021, 13:00 · Wind: -0.4

Place	Athlete	Age group	Club/School	Bib	Lane	React.	Result
1	Margit Weihe Fríðmundsdóttir 1999 · FAR	Senior	Bragdið		3		27.02
2	Maria Biskopstø 2002 · FAR	U20	Treysti		4		27.78
3	Bára Jógvansdóttir Glerfoss 2003 · FAR	U20	Bragdið		2		28.29
4	Arina Ludvig Michelsen 2005 · FAR	U18	Bragdið		1		29.25
5	Vibeka Eihilt Sivertsen 2005 · FAR	U18	Treysti		5		29.48

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Girls · Multiple, U18 · Final

29 May, 2021, 13:00 · Wind: -0.4

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Arina Ludvig Michelsen 2005 · FAR	Bragdið		1		29.25
2	Vibeka Eihilt Sivertsen 2005 · FAR	Treysti		5		29.48

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women · Multiple, U20 · Final

29 May, 2021, 13:00 · Wind: -0.4

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Maria Biskopstø 2002 · FAR	Treysti		4		27.78
2	Bára Jógvansdóttir Glerfoss 2003 · FAR	Bragdið		2		28.29

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

200m 200m · Women · Multiple, Senior · Final

29 May, 2021, 13:00 · Wind: -0.4

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Margit Weihe Fríðmundsdóttir 1999 · FAR	Bragdið		3		27.02

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Boys · U10 · Final

29 May, 2021, 14:30

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Jákup Thomsen 2012 · FAR	Treysti		2		1:21.14 PB
2	Bjarni Bogason Enni 2012 · FAR	Bragdið		3		1:22.60 PB
	Magnus Akselsson Apol 2013 · FAR	Hvirlan		1		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Boys · U12 · Final

29 May, 2021, 14:35

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Pætur Krosstein 2010 · FAR	Hvirlan		9		1:17.16
2	Óli Mortansson Vang 2010 · FAR	Bragdið		7		1:17.21
3	Jóhan Waagstein 2010 · FAR	Hvirlan		8		1:18.34
4	Kristjan Róksón 2011 · FAR	Bragdið		6		1:18.51 PB
5	Bogi Samson Vang 2010 · FAR	Bragdið		10		1:19.01
6	Christian Dal Christiansen 2010 · FAR	Hvirlan		2		1:27.81
7	Rói Thomassen 2010 · FAR	Hvirlan		5		1:28.26 PB
8	Markus Eliassen 2011 · FAR	Bragdið		3		1:34.52 PB
	Robert Róason Vilhelmsen 2011 · FAR	Bragdið		1		DNS
	Domenik Rasmussen 2011 · FAR	Hvirlan		4		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Girls · U10 · Final

29 May, 2021, 14:20

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið		5		1:28.36
2	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi		7		1:30.94
3	Heiðrun Leo Vang 2013 · FAR	Bragdið		6		1:31.89
4	Emily Thomsen 2013 · FAR	Treysti		4		1:32.55
5	Amalia Høgnadóttir 2012 · FAR	Frælsi		3		1:36.28
6	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi		8		1:40.73
7	Jóna Bjørg Apol Berg 2013 · FAR	Hvirlan		2		1:41.15
	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið		1		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

400m · Girls · U12 · Final

29 May, 2021, 14:10

Place	Athlete	Club/School	Bib	Lane	React.	Result
1	Sigríð Hansdóttir 2010 · FAR	Bragdið		3		1:08.60 PB
2	Heiðrún Bogadóttir Enni 2010 · FAR	Bragdið		5		1:15.77
3	Debora Hvannastein 2011 · FAR	Treysti		4		1:21.39 PB
4	Durita Davidsen 2011 · FAR	Treysti		1		1:26.31 PB
5	Vera Alstrup Vang 2011 · FAR	Bragdið		2		1:28.66
	Sunneva Ravnsfjall 2010 · FAR	Frælsi		6		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Men & Boys · Multiple · Final

29 May, 2021, 13:55

Place	Athlete	Age group	Club/School	Bib	Lane	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	U14	Bragdið		3	2:39.99 PB
2	Christian Sunnvardsson Andreasen 2007 · FAR	U16	Treysti		5	2:52.03 PB
3	William E. S. Kruse 2009 · FAR	U14	Hvirlan		4	3:12.14
	Baldur Báruson Persson 2009 · FAR	U14	Hvirlan		1	DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Boys · Multiple, U14 · Final

29 May, 2021, 13:55

Place	Athlete	Club/School	Bib	Lane	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið		3	2:39.99 PB
2	William E. S. Kruse 2009 · FAR	Hvirlan		4	3:12.14
	Baldur Báruson Persson 2009 · FAR	Hvirlan		1	DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Boys · Multiple, U16 · Final

29 May, 2021, 13:55

Place	Athlete	Club/School	Bib	Lane	Result
1	Christian Sunnvardsson Andreasen 2007 · FAR	Treysti		5	2:52.03 PB

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m · Girls · U14 · Final

29 May, 2021, 14:05

Place	Athlete	Club/School	Bib	Lane	Result
1	Elena E. Olsen 2008 · FAR	Hvirfan		5	2:52.59 PB
2	Heiða Jacobsen 2008 · FAR	Bragdið		3	3:02.04
3	Tabita Hvannastein 2008 · FAR	Treysti		4	3:18.44 SB

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

800m 800m · Women · Senior · Final

29 May, 2021, 14:50

Place	Athlete	Club/School	Bib	Lane	Result
1	Rebekka Fuglø 1993 · FAR	Treysti		4	2:18.28
2	Maria Biskopstø 2002 · FAR	Treysti		3	2:21.28 SB
3	Vibeka Eihilt Sivertsen 2005 · FAR	Treysti		2	2:31.37 SB
4	Kristina Verlandsdóttir Hayfield 2005 · FAR	Hvirlan		5	2:38.06 PB
	Lý Petersen 2007 · FAR	Treysti		1	DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Men & Boys · Multiple · Final

29 May, 2021, 11:00

Place	Athlete	Age group	Club/School	Bib	Result
1	Bjarki Johannesen 1992 · FAR	Senior	Roysnið		16:55.13
2	Peter Jensen 1992 · DEN	Senior	Bragdið		17:03.32 PB
3	Rógvi Kárasen 1996 · FAR	Senior	Bragdið		17:18.02 PB
4	Jaspur Højgaard 1985 · FAR	Senior	Roysnið		18:11.48
	Ingi Johannessen 2002 · FAR	Senior	Roysnið		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Men · Multiple, Senior · Final

29 May, 2021, 11:00

Place	Athlete	Club/School	Bib	Result
1	Bjarki Johannesen 1992 · FAR	Roysnið		16:55.13
2	Peter Jensen 1992 · DEN	Bragdið		17:03.32 PB
3	Rógvi Kárasen 1996 · FAR	Bragdið		17:18.02 PB
4	Jaspar Højgaard 1985 · FAR	Roysnið		18:11.48
	Ingi Johannessen 2002 · FAR	Roysnið		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Women & Girls · Multiple · Final

29 May, 2021, 11:00

Place	Athlete	Age group	Club/School	Bib	Result
1	Sarah Vallin 1988 · SWE	Senior	Bragdið		18:43.01

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Women · Multiple, Senior · Final

29 May, 2021, 11:00

Place	Athlete	Club/School	Bib	Result
1	Sarah Vallin 1988 · SWE	Bragdið		18:43.01

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

5000m · Mixed Adults & Youth · Multiple · Final

29 May, 2021, 11:00

Place	Athlete	Age group	Club/School	Bib	Result
1	♂ Bjarki Johannesen 1992 · FAR	Senior	Roysnið		16:55.13
2	♂ Peter Jensen 1992 · DEN	Senior	Bragdið		17:03.32 PB
3	♂ Rógvi Kárasen 1996 · FAR	Senior	Bragdið		17:18.02 PB
4	♂ Jaspar Højgaard 1985 · FAR	Senior	Roysnið		18:11.48
5	♀ Sarah Vallin 1988 · SWE	Senior	Bragdið		18:43.01
	♂ Ingi Johannessen 2002 · FAR	Senior	Roysnið		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

High Jump · Boys · U14 · Final

29 May, 2021, 12:00

Place	Athlete	Club/School	Bib	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið		1.20 PB
2	Eyðun Høgenni 2008 · FAR	Bragdið		1.00
	Baldur Báruson Persson 2009 · FAR	Hvirlan		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · High Jump · Boys · U14 · Final

Place	Athlete	Attempts					
1	Óðin Jógvansson Glerfoss 2008 · FAR	1.00 o	1.05 o	1.10 o	1.15 o	1.20 o	1.25 xxx
2	Eyðun Høgenni 2008 · FAR	1.00 xox	1.05 xxx				

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

High Jump · Girls · U14 · Final

29 May, 2021, 12:20

Place	Athlete	Club/School	Bib	Result
1	Natalia Lydersen 2008 · FAR	Treysti		1.25 =PB
2	Elena E. Olsen 2008 · FAR	Hvirlan		1.15 PB
3	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan		1.10
4	Sólja Rye 2009 · FAR	Hvirlan		1.00

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · High Jump · Girls · U14 · Final

Place	Athlete	Attempts					
1	Natalia Lydersen 2008 · FAR	1.00 o	1.05 o	1.10 o	1.15 xo	1.20 o	1.25 o
		1.28 xxx					
2	Elena E. Olsen 2008 · FAR	1.00 o	1.05 o	1.10 xo	1.15 xxo	1.20 xxx	
3	Bjalla Beintudóttir Dalsgarð 2009 · FAR	1.00 o	1.05 o	1.10 o	1.15 xxx		
4	Sólja Rye 2009 · FAR	1.00 o	1.05 xxx				

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men & Boys · Multiple · Final

29 May, 2021, 14:25

Place	Athlete	Age group	Club/School	Bib	Result	Wind
1	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	Bragdið		6.48 PB	+0.5
2	Andreas Bjarnastein Antoft 2002 · FAR	U20	Hvidovre AM		6.25 SB	+1.1
3	Tummas Sjóvará 2002 · FAR	U20	Bragdið		5.68	+0.4
4	Leon Johannesen 2002 · FAR	U20	Bragdið		4.56	+0.4
5	Christian Sunnvardsson Andreassen 2007 · FAR	Senior	Treysti		3.48	+0.8
6	Villiam á Lava Persson 2006 · FAR	Senior	Hvirlan		3.41	+0.3
	Dánjal Dahl Ljósheim 2000 · FAR	Senior	Aarhus 1900		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump · Men & Boys · Multiple · Final

Place	Athlete	Age group	Attempts					
1	Jónas Gunnleivsson Isaksen 2005 · FAR	U18	6.07 / +0.5	6.20 / +1.6	6.15 / +0.0	6.48 / +0.5	6.48 / +0.3	6.37 / +1.0
2	Andreas Bjarnastein Antoft 2002 · FAR	U20	6.25 / +1.1	x / NWI	6.17 / +1.4	x / NWI	x / NWI	r
3	Tummas Sjóvará 2002 · FAR	U20	5.68 / +0.4	5.47 / +0.0	r			
4	Leon Johannesen 2002 · FAR	U20	4.30 / +0.1	4.56 / +0.4	x / NWI	x / NWI	x / NWI	4.26 / +0.5
5	Christian Sunnvardsson Andreasen 2007 · FAR	Senior	2.60 / +0.0	3.24 / +0.8	3.16 / +0.0	3.48 / +0.8	3.27 / +0.0	2.90 / +1.8
6	Villiam á Lava Persson 2006 · FAR	Senior	3.41 / +0.3	3.41 / +1.3	3.28 / +0.0	2.56 / +0.8	x / NWI	3.28 / +0.0
	Dánjal Dahl Ljósheim 2000 · FAR	Senior						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Boys · Multiple, U18 · Final

29 May, 2021, 14:25

Place	Athlete	Club/School	Bib	Result	Wind
1	Jónas Gunnleivsson Isaksen 2005 · FAR	Bragdið		6.48 PB	+0.5

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump · Boys · Multiple, U18 · Final

Place	Athlete	Attempts					
1	Jónas Gunnleivsson Isaksen 2005 · FAR	6.07 / +0.5	6.20 / +1.6	6.15 / +0.0	6.48 / +0.5	6.48 / +0.3	6.37 / +1.0

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men · Multiple, U20 · Final

29 May, 2021, 14:25

Place	Athlete	Club/School	Bib	Result	Wind
1	Andreas Bjarnastein Antoft 2002 · FAR	Hvidovre AM		6.25 SB	+1.1
2	Tummas Sjóvará 2002 · FAR	Bragdið		5.68	+0.4
3	Leon Johannesen 2002 · FAR	Bragdið		4.56	+0.4

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump · Men · Multiple, U20 · Final

Place	Athlete	Attempts					
1	Andreas Bjarnastein Antoft 2002 · FAR	6.25 / +1.1	x / NWI	6.17 / +1.4	x / NWI	x / NWI	r
2	Tummas Sjóvará 2002 · FAR	5.68 / +0.4	5.47 / +0.0	r			
3	Leon Johannesen 2002 · FAR	4.30 / +0.1	4.56 / +0.4	x / NWI	x / NWI	x / NWI	4.26 / +0.5

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump · Men · Multiple, Senior · Final

29 May, 2021, 14:25

Place	Athlete	Club/School	Bib	Result	Wind
1	Christian Sunnvardsson Andreasen 2007 · FAR	Treysti		3.48	+0.8
2	Villiam á Lava Persson 2006 · FAR	Hvirlan		3.41	+0.3
	Dánjal Dahl Ljósheim 2000 · FAR	Aarhus 1900		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump · Men · Multiple, Senior · Final

Place	Athlete	Attempts					
1	Christian Sunnvardsson Andreassen 2007 · FAR	2.60 / +0.0	3.24 / +0.8	3.16 / +0.0	3.48 / +0.8	3.27 / +0.0	2.90 / +1.8
2	Villiam á Lava Persson 2006 · FAR	3.41 / +0.3	3.41 / +1.3	3.28 / +0.0	2.56 / +0.8	x / NWI	3.28 / +0.0
	Dánjal Dahl Ljósheim 2000 · FAR						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Women & Girls · Multiple · Final

29 May, 2021, 13:35

Place	Athlete	Age group	Club/School	Bib	Result	Wind
1	Teresa Fríðriksdóttir Bláhamar 2001 · FAR	Senior	Hvidovre AM		4.77	+0.5
2	Bára Jógvansdóttir Glerfoss 2003 · FAR	U20	Bragdið		4.75	+0.0
3	Margit Weihe Fríðmundsdóttir 1999 · FAR	Senior	Bragdið		4.68	+0.0
4	Arina Ludvig Michelsen 2005 · FAR	U18	Bragdið		4.34 SB	+0.0
5	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	Hvirlan		3.88 PB	-0.3
6	Lý Petersen 2007 · FAR	U16	Treysti		3.66	+1.2
	Jóhanna Pedersen 2006 · FAR	U16	Hvirlan		DNS	
	Maria Biskopstø 2002 · FAR	U20	Treysti		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Længdespring Long Jump · Women & Girls · Multiple · Final

Place	Athlete	Age group	Attempts					
1	Teresa Friðriksdóttir Bláhamar 2001 · FAR	Senior	4.08 / +0.0	4.53 / +0.8	4.56 / +0.0	4.49 / +0.0	4.50 / +1.0	4.77 / +0.5
2	Bára Jógvansdóttir Glerfoss 2003 · FAR	U20	4.44 / +0.6	4.39 / +0.0	4.72 / +0.0	4.56 / +0.1	x / NWI	4.75 / +0.0
3	Margit Weihe Friðmundsdóttir 1999 · FAR	Senior	4.56 / -1.0	4.68 / +0.0	4.57 / -1.0	r		
4	Arina Ludvig Michelsen 2005 · FAR	U18	4.19 / +0.0	x / NWI	4.18 / +0.0	3.93 / -1.3	4.33 / +0.3	4.34 / +0.0
5	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	3.73 / +0.0	3.55 / -0.3	3.81 / +0.0	3.87 / -0.5	x / NWI	3.88 / -0.3
6	Lý Petersen 2007 · FAR	U16	3.26 / -0.2	3.39 / +0.0	3.66 / +1.2	3.44 / -0.4	3.65 / +0.1	3.52 / +0.0
	Jóhanna Pedersen 2006 · FAR	U16						
	Maria Biskopstø 2002 · FAR	U20						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Girls · Multiple, U16 · Final

29 May, 2021, 13:35

Place	Athlete	Club/School	Bib	Result	Wind
1	Lý Petersen 2007 · FAR	Treysti		3.66	+1.2
	Jóhanna Pedersen 2006 · FAR	Hvirlan		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Længdespring Long Jump · Girls · Multiple, U16 · Final

Place	Athlete	Attempts					
1	Lý Petersen 2007 · FAR	3.26 / -0.2	3.39 / +0.0	3.66 / +1.2	3.44 / -0.4	3.65 / +0.1	3.52 / +0.0
	Jóhanna Pedersen 2006 · FAR						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Girls · Multiple, U18 · Final

29 May, 2021, 13:35

Place	Athlete	Club/School	Bib	Result	Wind
1	Arina Ludvig Michelsen 2005 · FAR	Bragdið		4.34 SB	+0.0
2	Kristina Verlandsdóttir Hayfield 2005 · FAR	Hvirlan		3.88 PB	-0.3

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Længdespring Long Jump · Girls · Multiple, U18 · Final

Place	Athlete	Attempts					
1	Arina Ludvig Michelsen 2005 · FAR	4.19 / +0.0	x / NWI	4.18 / +0.0	3.93 / -1.3	4.33 / +0.3	4.34 / +0.0
2	Kristina Verlandsdóttir Hayfield 2005 · FAR	3.73 / +0.0	3.55 / -0.3	3.81 / +0.0	3.87 / -0.5	x / NWI	3.88 / -0.3

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Women · Multiple, U20 · Final

29 May, 2021, 13:35

Place	Athlete	Club/School	Bib	Result	Wind
1	Bára Jógvansdóttir Glerfoss 2003 · FAR	Bragdið		4.75	+0.0
	Maria Biskopstø 2002 · FAR	Treysti		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Længdespring Long Jump · Women · Multiple, U20 · Final

Place	Athlete	Attempts					
1	Bára Jógvansdóttir Glerfoss 2003 · FAR	4.44 / +0.6	4.39 / +0.0	4.72 / +0.0	4.56 / +0.1	x / NWI	4.75 / +0.0
	Maria Biskopstø 2002 · FAR						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Længdespring Long Jump · Women · Multiple, Senior · Final

29 May, 2021, 13:35

Place	Athlete	Club/School	Bib	Result	Wind
1	Teresa Fríðriksdóttir Bláhamar 2001 · FAR	Hvidovre AM		4.77	+0.5
2	Margit Weihe Fríðmundsdóttir 1999 · FAR	Bragdið		4.68	+0.0

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Længdespring Long Jump · Women · Multiple, Senior · Final

Place	Athlete	Attempts					
1	Teresa Fríðriksdóttir Bláhamar 2001 · FAR	4.08 / +0.0	4.53 / +0.8	4.56 / +0.0	4.49 / +0.0	4.50 / +1.0	4.77 / +0.5
2	Margit Weihe Fríðmundsdóttir 1999 · FAR	4.56 / -1.0	4.68 / +0.0	4.57 / -1.0	r		

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Boys · U10 · Final

29 May, 2021, 13:20

Place	Athlete	Club/School	Bib	Result	Wind
1	Bjarni Bogason Enni 2012 · FAR	Bragdið		3.30	+0.0
2	Jákup Thomsen 2012 · FAR	Treysti		3.23	+0.3
3	Jóanis Heinason 2013 · FAR	Frælsi		2.52	+1.3
	Magnus Akselsson Apol 2013 · FAR	Hvírlan		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump (Zone) · Boys · U10 · Final

Place	Athlete	Attempts		
1	Bjarni Bogason Enni 2012 · FAR	x / NWI	3.04 / +0.8	3.30 / +0.0
2	Jákup Thomsen 2012 · FAR	2.85 / +0.0	2.85 / +0.0	3.23 / +0.3
3	Jóanis Heinason 2013 · FAR	2.02 / +1.5	1.92 / +0.9	2.52 / +1.3
	Magnus Akselsson Apol 2013 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Boys · U12 · Final

29 May, 2021, 12:10

Place	Athlete	Club/School	Bib	Result	Wind
1	Pætur Krosstein 2010 · FAR	Hvirlan		3.79	+2.0
2	Bogi Samson Vang 2010 · FAR	Bragdið		3.47	+1.5
3	Jóhan Waagstein 2010 · FAR	Hvirlan		3.44	+1.5
4	Christian Dal Christiansen 2010 · FAR	Hvirlan		3.30	+1.3
5	Kristjan Róksson 2011 · FAR	Bragdið		3.29	+0.9
6	Óli Mortansson Vang 2010 · FAR	Bragdið		3.29	+1.5
7	Domenik Rasmussen 2011 · FAR	Hvirlan		3.00	+2.1
8	Markus Eliassen 2011 · FAR	Bragdið		2.92	+1.2
9	Rói Thomassen 2010 · FAR	Hvirlan		2.77	+2.9
10	Álvur F. Mortensen 2011 · FAR	Bragdið		2.40	+1.1
	Robert Róason Vilhelmsen 2011 · FAR	Bragdið		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump (Zone) · Boys · U12 · Final

Place	Athlete	Attempts		
1	Pætur Krosstein 2010 · FAR	3.49 / +0.2	3.40 / +1.2	3.79 / +2.0
2	Bogi Samson Vang 2010 · FAR	3.35 / +1.2	2.93 / +1.3	3.47 / +1.5
3	Jóhan Waagstein 2010 · FAR	3.35 / +1.5	3.16 / +1.5	3.44 / +1.5
4	Christian Dal Christiansen 2010 · FAR	3.06 / +0.8	2.98 / +1.1	3.30 / +1.3
5	Kristjan Róksson 2011 · FAR	3.26 / +1.2	2.88 / +1.2	3.29 / +0.9
6	Óli Mortansson Vang 2010 · FAR	3.29 / +1.5	3.16 / +1.7	3.16 / +1.6
7	Domenik Rasmussen 2011 · FAR	2.61 / +1.4	3.00 / +2.1	2.96 / +1.6
8	Markus Eliassen 2011 · FAR	2.92 / +1.2	2.36 / +2.0	2.37 / +1.5
9	Rói Thomassen 2010 · FAR	2.71 / +0.8	2.57 / +1.5	2.77 / +2.9
10	Álvur F. Mortensen 2011 · FAR	2.40 / +1.1	2.26 / +0.5	1.94 / +0.8
	Robert Róason Vilhelmsen 2011 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Girls · U10 · Final

29 May, 2021, 12:50

Place	Athlete	Club/School	Bib	Result	Wind
1	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið		3.13	+1.1
2	Amalia Høgnadóttir 2012 · FAR	Frælsi		2.84	+1.4
3	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi		2.84	+0.2
4	Heiðrun Leo Vang 2013 · FAR	Bragdið		2.72	+0.7
5	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi		2.50	-0.8
6	Brynja Lutzen 2012 · FAR	Hvirlan		2.24	+0.3
7	Emily Thomsen 2013 · FAR	Treysti		2.17	+0.0
	Jóna Bjørg Apol Berg 2013 · FAR	Hvirlan		DNS	
	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump (Zone) · Girls · U10 · Final

Place	Athlete	Attempts		
1	Ró Apolonia Hansdóttir 2012 · FAR	3.13 / +1.1	2.95 / +0.0	2.91 / -0.9
2	Amalia Høgnadóttir 2012 · FAR	2.84 / +1.4	2.30 / NWI	2.75 / +0.4
3	Emma Sigtórsdóttir Petersen 2012 · FAR	2.68 / -0.4	2.52 / +0.3	2.84 / +0.2
4	Heiðrun Leo Vang 2013 · FAR	2.72 / +0.7	2.65 / +0.0	2.67 / +0.0
5	Ruth Jógvansdóttir Gardar 2012 · FAR	2.29 / +1.1	2.50 / -0.8	2.45 / -0.7
6	Brynja Lutzen 2012 · FAR	2.24 / +0.3	1.64 / -0.1	2.14 / +0.0
7	Emily Thomsen 2013 · FAR	2.16 / +0.2	2.17 / +0.0	2.01 / -0.7
	Jóna Bjørg Apol Berg 2013 · FAR			
	Vera Lilja H. Róadóttir 2012 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Long Jump (Zone) · Girls · U12 · Final

29 May, 2021, 11:30

Place	Athlete	Club/School	Bib	Result	Wind
1	Sigríð Hansdóttir 2010 · FAR	Bragdið		4.39	+1.6
2	Heiðrún Bogadóttir Enni 2010 · FAR	Bragdið		3.61	+0.2
3	Andrea Heinadóttir 2011 · FAR	Frælsi		3.55	+0.8
4	Sigga Smæra Næs 2010 · FAR	Bragdið		3.29	+0.7
5	Guðrið Høgenni 2010 · FAR	Bragdið		3.26	+0.5
6	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið		3.13	+0.8
7	Deborá Hvannastein 2011 · FAR	Treysti		2.93	+0.2
8	Vera Alstrup Vang 2011 · FAR	Bragdið		2.65	+0.4
9	Guðrið Høgnadóttir 2010 · FAR	Frælsi		2.59	+0.0
10	Sunneva Ravnsfjall 2010 · FAR	Frælsi		2.26	-0.4
	Durita Davidsen 2011 · FAR	Treysti		DNS	
	Annika Ravnsfjall 2010 · FAR	Frælsi		DNS	

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Long Jump (Zone) · Girls · U12 · Final

Place	Athlete	Attempts		
1	Sigríð Hansdóttir 2010 · FAR	4.39 / +1.6	4.34 / +1.6	4.18 / +0.2
2	Heiðrún Bogadóttir Enni 2010 · FAR	3.52 / +0.7	3.61 / +0.2	3.53 / +0.0
3	Andrea Heinadóttir 2011 · FAR	3.44 / +1.3	3.11 / +0.6	3.55 / +0.8
4	Sigga Smæra Næs 2010 · FAR	3.22 / +1.0	3.29 / +0.7	3.05 / +0.0
5	Guðrið Høgenni 2010 · FAR	2.18 / +0.8	3.09 / +0.0	3.26 / +0.5
6	Monika Sigurðsdóttir Vang 2011 · FAR	3.08 / +1.0	2.89 / +1.3	3.13 / +0.8
7	Deborá Hvannastein 2011 · FAR	2.50 / +1.8	2.76 / +1.8	2.93 / +0.2
8	Vera Alstrup Vang 2011 · FAR	2.54 / +0.3	2.58 / +0.8	2.65 / +0.4
9	Guðrið Høgnadóttir 2010 · FAR	2.49 / +0.0	x / NWI	2.59 / +0.0
10	Sunneva Ravnsfjall 2010 · FAR	1.80 / +0.8	2.26 / -0.4	2.09 / +0.5
	Durita Davidsen 2011 · FAR			
	Annika Ravnsfjall 2010 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Boys · U12 · Final

29 May, 2021, 13:45

Place	Athlete	Club/School	Bib	Result
1	Óli Mortansson Vang 2010 · FAR	Bragdið		7.21
2	Pætur Krosstein 2010 · FAR	Hvirlan		6.54
3	Christian Dal Christiansen 2010 · FAR	Hvirlan		6.40
4	Kristjan Róksón 2011 · FAR	Bragdið		6.23
5	Jóhan Waagstein 2010 · FAR	Hvirlan		6.08
6	Rói Thomassen 2010 · FAR	Hvirlan		5.74
7	Álvur F. Mortensen 2011 · FAR	Bragdið		5.02
8	Bogi Samson Vang 2010 · FAR	Bragdið		4.42
9	Markus Eliassen 2011 · FAR	Bragdið		4.25
	Domenik Rasmussen 2011 · FAR	Hvirlan		DNS
	Robert Róason Vilhelmsen 2011 · FAR	Bragdið		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Shot Put (2kg) · Boys · U12 · Final

Place	Athlete	Attempts		
1	Óli Mortansson Vang 2010 · FAR	7.13	7.21	6.95
2	Pætur Krosstein 2010 · FAR	5.86	x	6.54
3	Christian Dal Christiansen 2010 · FAR	5.66	6.40	x
4	Kristjan Róksón 2011 · FAR	5.94	5.74	6.23
5	Jóhan Waagstein 2010 · FAR	5.63	5.64	6.08
6	Rói Thomassen 2010 · FAR	5.62	5.01	5.74
7	Álvur F. Mortensen 2011 · FAR	5.02	4.42	4.95
8	Bogi Samson Vang 2010 · FAR	4.22	3.68	4.42
9	Markus Eliassen 2011 · FAR	3.99	4.14	4.25
	Domenik Rasmussen 2011 · FAR			
	Robert Róason Vilhelmsen 2011 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (3kg) · Boys · U14 · Final

29 May, 2021, 12:40

Place	Athlete	Club/School	Bib	Result
1	Óðin Jógvansson Glerfoss 2008 · FAR	Bragdið		7.03
2	Kelvin Saruni 2008 · FAR	Bragdið		5.67
3	Eyðun Høgenni 2008 · FAR	Bragdið		4.74
4	Baldur Báruson Persson 2009 · FAR	Hvirlan		4.24

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Shot Put (3kg) · Boys · U14 · Final

Place	Athlete	Attempts		
1	Óðin Jógvansson Glerfoss 2008 · FAR	6.09	6.95	7.03
2	Kelvin Saruni 2008 · FAR	5.12	5.63	5.67
3	Eyðun Høgenni 2008 · FAR	4.74	4.54	4.35
4	Baldur Báruson Persson 2009 · FAR	x	x	4.24

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Girls · U12 · Final

29 May, 2021, 13:00

Place	Athlete	Club/School	Bib	Result
1	Sigríð Hansdóttir 2010 · FAR	Bragdið		7.81
2	Andrea Heinadóttir 2011 · FAR	Frælsi		5.16
3	Durita Davidsen 2011 · FAR	Treysti		4.63
4	Monika Sigurðsdóttir Vang 2011 · FAR	Bragdið		4.55
5	Deborá Hvannastein 2011 · FAR	Treysti		4.36
6	Guðrið Høgnadóttir 2010 · FAR	Frælsi		4.19
7	Sunneva Ravnsfjall 2010 · FAR	Frælsi		3.84
	Annika Ravnsfjall 2010 · FAR	Frælsi		DNS

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Shot Put (2kg) · Girls · U12 · Final

Place	Athlete	Attempts		
1	Sigrið Hansdóttir 2010 · FAR	7.81	7.75	7.80
2	Andrea Heinadóttir 2011 · FAR	5.16	4.10	4.54
3	Durita Davidsen 2011 · FAR	4.52	4.53	4.63
4	Monika Sigurðsdóttir Vang 2011 · FAR	4.30	4.55	3.98
5	Debora Hvannastein 2011 · FAR	3.83	4.36	4.18
6	Guðrið Høgnadóttir 2010 · FAR	4.19	3.99	4.03
7	Sunneva Ravnsfjall 2010 · FAR	3.46	3.23	3.84
	Annika Ravnsfjall 2010 · FAR			

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Shot Put (2kg) · Girls · U14 · Final

29 May, 2021, 13:30

Place	Athlete	Club/School	Bib	Result
1	Natalia Lydersen 2008 · FAR	Treysti		7.85
2	Tabita Hvannastein 2008 · FAR	Treysti		6.39
3	Bjalla Beintudóttir Dalsgarð 2009 · FAR	Hvirlan		5.96
4	Elena E. Olsen 2008 · FAR	Hvirlan		4.32
5	Sólja Rye 2009 · FAR	Hvirlan		3.05

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Shot Put (2kg) · Girls · U14 · Final

Place	Athlete	Attempts		
1	Natalia Lydersen 2008 · FAR	7.40	7.04	7.85
2	Tabita Hvannastein 2008 · FAR	6.31	6.38	6.39
3	Bjalla Beintudóttir Dalsgarð 2009 · FAR	5.69	5.85	5.96
4	Elena E. Olsen 2008 · FAR	4.19	4.31	4.32
5	Sólja Rye 2009 · FAR	2.58	2.92	3.05

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw · Men & Boys · Multiple · Final

29 May, 2021, 12:15

Place	Athlete	Age group	Club/School	Bib	Result
1	Andreas Bjarnastein Antoft 2002 · FAR	U20	Hvidovre AM		39.57 PB
2	Leon Johannesen 2002 · FAR	U20	Bragdið		23.79 PB
3	Aleksandur Ellefsen 2007 · FAR	U16	Hvirlan		17.90
	Markus Køtlum 2002 · FAR	U20	Bragdið		NM
	Dánjal Dahl Ljósheim 2000 · FAR	Senior	Aarhus 1900		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw · Men & Boys · Multiple · Final

Place	Athlete	Age group	Attempts					
1	Andreas Bjarnastein Antoft 2002 · FAR	U20	32.29	39.57	29.60	31.35	34.31	34.17
2	Leon Johannesen 2002 · FAR	U20	x	x	23.21	23.79	22.38	19.36
3	Aleksandur Ellefsen 2007 · FAR	U16	14.11	14.25	15.17	17.90	14.83	16.48
	Markus Køtlum 2002 · FAR	U20	r					
	Dánjal Dahl Ljósheim 2000 · FAR	Senior	r					

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (600g) · Boys · Multiple, U16 · Final

29 May, 2021, 12:15

Place	Athlete	Club/School	Bib	Result
1	Aleksandur Ellefsen 2007 · FAR	Hvirlan		17.90

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (600g) · Boys · Multiple, U16 · Final

Place	Athlete	Attempts					
1	Aleksandur Ellefsen 2007 · FAR	14.11	14.25	15.17	17.90	14.83	16.48

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (800g) · Men · Multiple, U20 · Final

29 May, 2021, 12:15

Place	Athlete	Club/School	Bib	Result
1	Andreas Bjarnastein Antoft 2002 · FAR	Hvidovre AM		39.57 PB
2	Leon Johannesen 2002 · FAR	Bragdið		23.79 PB
	Markus Køtlum 2002 · FAR	Bragdið		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (800g) · Men · Multiple, U20 · Final

Place	Athlete	Attempts					
1	Andreas Bjarnastein Antoft 2002 · FAR	32.29	39.57	29.60	31.35	34.31	34.17
2	Leon Johannesen 2002 · FAR	x	x	23.21	23.79	22.38	19.36
	Markus Køtlum 2002 · FAR	r					

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (800g) · Men · Multiple, Senior · Final

29 May, 2021, 12:15

Place	Athlete	Club/School	Bib	Result
	Dánjal Dahl Ljósheim 2000 · FAR	Aarhus 1900		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (800g) · Men · Multiple, Senior · Final

Place	Athlete	Attempts
	Dánjal Dahl Ljósheim 2000 · FAR	r

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw · Women & Girls · Multiple · Final

29 May, 2021, 11:45

Place	Athlete	Age group	Club/School	Bib	Result
1	Elin Niclasen 2003 · FAR	U20	Hvirlan		30.34
2	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	Hvirlan		23.67 PB
3	Jóhanna Pedersen 2006 · FAR	U16	Hvirlan		18.34 PB
4	Arina Ludvig Michelsen 2005 · FAR	U18	Bragdið		13.90 PB
5	Lý Petersen 2007 · FAR	U16	Treysti		12.28
	Guðrið Káradóttir Petersen 2000 · FAR	Senior	Hvirlan		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw · Women & Girls · Multiple · Final

Place	Athlete	Age group	Attempts						
1	Elin Niclasen 2003 · FAR	U20	30.34	24.93	29.25	27.10	28.01	28.31	
2	Kristina Verlandsdóttir Hayfield 2005 · FAR	U18	18.26	19.03	20.08	19.77	23.67	x	
3	Jóhanna Pedersen 2006 · FAR	U16	x	17.92	13.60	18.34	x	x	
4	Arina Ludvig Michelsen 2005 · FAR	U18	13.90	12.78	13.45	x	x	12.02	
5	Lý Petersen 2007 · FAR	U16	9.07	9.88	x	10.66	12.28	11.26	
	Guðrið Káradóttir Petersen 2000 · FAR	Senior	r						

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (500g) · Girls · Multiple, U16 · Final

29 May, 2021, 11:45

Place	Athlete	Club/School	Bib	Result
1	Jóhanna Pedersen 2006 · FAR	Hvirlan		18.34 PB
2	Lý Petersen 2007 · FAR	Treysti		12.28

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (500g) · Girls · Multiple, U16 · Final

Place	Athlete	Attempts					
1	Jóhanna Pedersen 2006 · FAR	x	17.92	13.60	18.34	x	x
2	Lý Petersen 2007 · FAR	9.07	9.88	x	10.66	12.28	11.26

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (500g) · Girls · Multiple, U18 · Final

29 May, 2021, 11:45

Place	Athlete	Club/School	Bib	Result
1	Kristina Verlandsdóttir Hayfield 2005 · FAR	Hvirlan		23.67 PB
2	Arina Ludvig Michelsen 2005 · FAR	Bragdið		13.90 PB

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (500g) · Girls · Multiple, U18 · Final

Place	Athlete	Attempts					
1	Kristina Verlandsdóttir Hayfield 2005 · FAR	18.26	19.03	20.08	19.77	23.67	x
2	Arina Ludvig Michelsen 2005 · FAR	13.90	12.78	13.45	x	x	12.02

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (600g) · Women · Multiple, U20 · Final

29 May, 2021, 11:45

Place	Athlete	Club/School	Bib	Result
1	Elin Niclasen 2003 · FAR	Hvirlan		30.34

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (600g) · Women · Multiple, U20 · Final

Place	Athlete	Attempts					
1	Elin Niclasen 2003 · FAR	30.34	24.93	29.25	27.10	28.01	28.31

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Javelin Throw (600g) · Women · Multiple, Senior · Final

29 May, 2021, 11:45

Place	Athlete	Club/School	Bib	Result
	Guðrið Káradóttir Petersen 2000 · FAR	Hvírlan		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Javelin Throw (600g) · Women · Multiple, Senior · Final

Place	Athlete	Attempts
	Guðrið Káradóttir Petersen 2000 · FAR	r

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Ball Throw (145g) · Boys · U10 · Final

29 May, 2021, 14:00

Place	Athlete	Club/School	Bib	Result
1	Jákup Thomsen 2012 · FAR	Treysti		29.73
2	Jóanis Heinason 2013 · FAR	Frælsi		25.55
3	Bjarni Bogason Enni 2012 · FAR	Bragdið		16.09
	Magnus Akselsson Apol 2013 · FAR	Hvirlan		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Ball Throw (145g) · Boys · U10 · Final

Place	Athlete	Attempts		
1	Jákup Thomsen 2012 · FAR	25.23	29.73	25.81
2	Jóanis Heinason 2013 · FAR	25.27	25.55	21.01
3	Bjarni Bogason Enni 2012 · FAR	13.48	16.09	13.69
	Magnus Akselsson Apol 2013 · FAR	r		

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Ball Throw (145g) · Girls · U10 · Final

29 May, 2021, 13:35

Place	Athlete	Club/School	Bib	Result
1	Ró Apolonia Hansdóttir 2012 · FAR	Bragdið		19.40
2	Heiðrun Leo Vang 2013 · FAR	Bragdið		19.14
3	Emma Sigtórsdóttir Petersen 2012 · FAR	Frælsi		17.47
4	Ruth Jógvansdóttir Gardar 2012 · FAR	Frælsi		16.41
5	Amalia Høgnadóttir 2012 · FAR	Frælsi		15.12
6	Emily Thomsen 2013 · FAR	Treysti		13.86
7	Jóna Bjørg Apol Berg 2013 · FAR	Hvirlan		12.92
8	Brynja Lutzen 2012 · FAR	Hvirlan		9.37
	Vera Lilja H. Róadóttir 2012 · FAR	Bragdið		NM

Betri Stórkapping 2
29 May, 2021, Tórshavn (Tórsbreyt)

Attempts · Ball Throw (145g) · Girls · U10 · Final

Place	Athlete	Attempts		
1	Ró Apolonia Hansdóttir 2012 · FAR	19.40	18.07	17.12
2	Heiðrun Leo Vang 2013 · FAR	19.07	13.91	19.14
3	Emma Sigtórsdóttir Petersen 2012 · FAR	16.27	15.50	17.47
4	Ruth Jógvansdóttir Gardar 2012 · FAR	x	16.41	12.04
5	Amalia Høgnadóttir 2012 · FAR	14.37	15.12	11.92
6	Emily Thomsen 2013 · FAR	13.86	x	10.63
7	Jóna Björg Apol Berg 2013 · FAR	x	12.85	12.92
8	Brynja Lutzen 2012 · FAR	x	7.78	9.37
	Vera Lilja H. Róadóttir 2012 · FAR	x	r	